City of Nashua Division of Public Health and Community Services December 17, 2021

Summary of <u>CDC Travel Guidance</u>

Travel Review: Travel guidance has been updated 12/6. NH will no longer have NH specific travel guidance, but instead follow CDC.

- Pre Travel Guidance
 - Domestic
 - <u>Recommended</u> to get tested with a viral test 1-3 days before your trip if NOT fully vaccinated
 - International *travel requirements differ for non US citizens, below guidance is just recapping US citizens
 - <u>Recommended</u> to check your destination's COVID-19 situation and travel requirements before traveling. Countries may have their own entry and exit requirements.
- After Travel Guidance
 - Domestic
 - <u>Recommended</u> to self-monitor for symptoms. Isolate and get tested if you develop symptoms
 - <u>Recommended If you are NOT fully vaccinated</u>, seek testing 3-5 days after travel
 - International *travel requirements differ for non US citizens, below guidance is just recapping US citizens
 - <u>Required</u>: All air passengers, regardless of vaccination status, must show a negative COVID test no more than 1 day before travel
 - <u>Recommended</u> to get tested 3-5 days after travel
 - <u>Recommended</u> Self-monitor for symptoms and isolate and get tested if you develop symptoms
 - <u>Recommended If you are NOT fully vaccinated</u>, stay home and selfquarantine for a full 7 days after travel, even if you test negative on day 3-5
 - <u>If you don't get tested</u>, stay home and self-quarantine for 10 days after travel